

## My! My! Time Flies!

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Music: My! My! Time Flies! Artist: Enya Album: And Winter Came  
Length: 3:03 min. Speed up for comfort (Available on I-Tunes)

Rhythm & Phase: Foxtrot IV Footwork: Opposite unless indicated (W's footwork in parentheses)  
Timing: SQQ indicated by semicolon, otherwise timing in parentheses after figure-names

**Sequence: Intro- A-A-B- A(1-8)- Bridge 1- B- Bridge 2- B-A(1-8)- End**

### Intro

1 --- 2 **wait 2 meas;;**  
In CP fc DLC waiting 2 measures;;

### Part A

1 --- 6 **reverse turn;; hover; thru chasse to SCP (SQ&Q); in and out runs;;**  
In CP fc DLC step fwd L, start left fc turn and step sd R, continuo left fc turn step back L to CP; (Step back R, close L to R and do a left face heel turn, step fwd R to CP;) Step back R, turn left and step sd L, step gently fwd R to CP fc DLW; in CP step fwd L, step sd R and lift by stretching right leg and stand in R toe and turn gently left fc to SCP fc DLC, step fwd L; in SCP fc DLC step thru R, turn to CP step sd L, cl R, turn to SCP, fwd L; step fwd R, start R fc trn and step side L to CP fc REV, step bk R to BJO fc REV; (fwd L, fwd R between M's feet, fwd L to BJO;) step back L, turn R fc step sd and fwd R between W's feet, step fwd L to SCP fc DLC; (in 3 steps turn R fc from BJO to SCP, fwd sd R, bk sd L, fwd sd R;)

7 --- 10 **forward hover; back hover; PU; slow dip back, recover (SS);**  
SCP fc DLC step thru R, step fwd L, rise in L toe and stretch L leg, rec R; (trn L fc step fwd and sd L, continuo L fc trn step sd and bk R, rise on R toe, gently stretch R leg, fwd L to BJO;) step bk L, bk R, rise in R toe, rec L to SCP; (turn R fc step sd and fwd R, continuo R fc trn step sd and bk L, rise on L toe, fwd R to SCP;) SCP fc DLC step fwd R, small step sd L, cl R; (turn L fc step fwd L, fwd and sd R to CP, cl L to R;) CP fc DLC slow step bk L with gently L twist of upper body but stay in CP, recover R to CP fc DLC;

### Part B

1 --- 7 **diamond turn;;; ½ reverse turn; hover corte; back whisk;**  
full L fc turn in ¼ turns, CP fc DLC step fwd L, sd R, XLiB of R; step sd and bk R, sd L, XRiF of L; fwd and sd L, sd R, XLiB of R; bk and sd R, sd L, gently XRiF of L to CP fc DLC; fwd L, turn L fc step sd and bk R, small step bk L to CP fc DRW; (step bk R, Cl L to R, L fc heel turn, step fwd R to CP;) bk R, turn L fc step sd L, rise on left toe, continuo L fc trn rec on R end in BJO; bk L, bk R, XLiB of R end in SCP fc LOD; (fwd R, trn R fc sd L, XRiB of L to end in SCP;)

8 --- 9 **½ natural turn; hesitation change;**  
SCP fc LOD commence R fc trn step fwd and sd R, continuo R fc trn step sd and bk L to CP fc RLOD, small step bk; (fwd L, fwd R, small step fwd L;) bk L, with R fc trn step fwd and sd R, draw L to R end in CP fc DLC;

### Bridge 1

1 --- 4 **feather; forward run 2; forward run 2; slow rock fwd, recover;**  
SCP fc DLC fwd R, fwd L, fwd and little step sd R; (fwd L, turn L fc step sd and bk R, small step bk L;) fwd L, fwd R, fwd L; fwd R, fwd L, fwd R; slow rock fwd L optionally with L twist, recover R;

### Bridge 2

1 --- 1 **slow rock fwd, recover;**  
slow rock fwd L optionally with L twist, recover R;

## Ending

- 1 --- 4 feather; forward run 2; forward run 2; ½ reverse turn;**  
SCP fc DLC fwd R, fwd L, fwd and little step sd R; (fwd L, turn L fc step sd and bk R, small step bk L;) fwd L, fwd R, fwd L; fwd R, fwd L, fwd R; fwd L, turn L fc step sd and bk R, small step bk L to CP fc DRW; (step bk R, Cl L to R, L fc heel turn, step fwd R to CP;)
- 5 --- 7 hover corte; back whisk; slow whiplash...**  
bk R, turn L fc step sd L, rise on left toe, continuo L fc trn rec on R end in BJO; bk L, bk R, XLiB of R end in SCP fc LOD; (fwd R, trn R fc sd L, XRiB of L to end in SCP;) SCP fc LOD thru R turn body R fc to partner move L toe slow clockwise and stay in CP point LOD...

### Note:

- Although it is not usual for Foxtrot, there are some “stops” in the dance. This is just because the music has these stops, too. Some dancer may need this information.

- Music speed can be accelerated optional.

### Suggested Head Cues:

**Sequence: Intro- A-A-B- A(X)- Bridge 1- B- Bridge 2- B-A(X)- End**

**Intro:** CP DLC  
wait 2 meas;;

**Part A:** CP DLC  
rev trn;; hvr; thru chasse to SCP; I/O runs;; fwd hvr BJO; bk hvr SCP; (X)  
PU; slow dip bk, rec;

**Part B:** CP DLC  
diamond trn;;; ½ rev trn; hvr corte; bk whisk;  
½ nat trn; hes change;

**Bridge 1:** SCP DLC  
feather; fwd run 2 – twice;; slow rk fwd, rec;

**Bridge 2:** CP DLC  
slow rk fwd, rec;

**Ending:** SCP DLC  
feather; fwd run 2 – twice;; ½ rev trn; hvr corte;  
bk whisk; slow whiplash and point...

**Have fun, enjoy the dance!**

**I would be pleased about feedback ☺**

Kolja