

Africa Cha.IV+1 Op Hip Twist (Übung: Open Hip Twist; Hockeystick; Chase)

written as practice dance for / geschrieben zur Übung des **Open Hip Twist** (Voraussetzung / for preparation: Hockeystick, Alemana)

-- Vers. 1.2 (Handhold for Op Hip Twist changed*)

Artist: Rose Laurens; Record: WEA 24.9876-7 (flip: Broken Heart), or: CD: Cause You Are Young - Amazing 80's Hits (It's Music 22 549) - Track 13 ; 3:36 CD-version is a few measures longer than the version on the record, so you have to fade out yourself

Choreo: Gabriele Langer (1999) Sequence: Intro A B C D A* B* End

Intro (Wait 2);; Fence Line; Underarm Trn; Shldr to Shldr - Twice;; NYer; Spot Trn;
(Bfly)

Part A Hd to Hd Twice - (Lead Hs low*);; **Op Hip Twist**; Fan; Hockeystick;; Op Brk; Whip; NYer (Line); Whip;
(Bfly)

Part B Chase Peek-a-Boo (He; Cucaracha Twice;; He) ;;;;

(Bfly) Fence Line; Crab Wks (LOD);; Fence Line; Crab Wks (RLOD);; Fence Line; Spot Trn;

Part C NYer Twice - (Lead Hs low*);; **Op Hip Twist**; Fan;

(Bfly) Alemana;; Bk Brk (to Op); **Swivel 2 & Fwd Cha**; Circle Cha - (Bfly);;

Part D Chase (He; both; She; No) ;;;; Fence Line - Twice;; Half Basic - to Fan;; Hockeystick;; Lariat - (Bfly);;

(Bfly)

Part A* Hd to Hd Twice - (Lead Hs low*);; **Op Hip Twist**; Fan;

(Bfly) Hockeystick;; NYer (RLOD); Fence Line; Rev Underarm Trn; Fenceline;

Part B* Shldr to Shldr - Twice;; Bk Brk (to Op); Wk 2 & Fwd Cha;

(Bfly) Circle Cha - (Bfly);; Op Brk; Crab Wks;; Fenceline;

End NYer Twice - (Lead Hs low*);; **Op Hip Twist**; Fan; Alemana;; Cucaracha - Twice;;

(Bfly) Basic - (no Hds);; Time Step - Twice;; Alemana;; Lariat;;

NYer; Whip; Basic;; NYer; Whip; Cucaracha - Twice;;

Basic;; Half Chase (He; both;) - **Tandem (Wall)**;; Cucaracha - Twice;; & Pt Sd; [ausblenden! / fade out]

*originally written with Op Hip Twist starting with R Hdsk - but nowadays choreographer prefers version of op hip twist starting with lead hands joined and held low