

Brevet från Lillan (Letter from Lillan)

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Music: Brevet från Lillan, Artist: Carola; Album: Brevet från Lillan - Single, Length: 2:48
Listen to, buy and download at iTunes (and others):
<https://music.apple.com/de/album/brevet-fr%C3%A5n-lillan-single/1485425142>
Song is Swedish: A young girl writes a letter to her father and asks him to come home.
ISWC: T-000.077.620-4 GEMA: 1358185-001

Rhythm: Waltz Tempo:
Phase: IV+2 Double Reverse Spin, Outside Spin Degree of Difficulty: Average
Footwork: Opposite unless indicated (W's footwork in parentheses and with grey background)
Sequence: Intro A Interl B Amod1 C Amod2 Endg

INTRODUCTION

- 1-4 Wait 2;; Dip Bk & Hold; Rec & Cl;**
- 1-2 {Wait 2} In CP M fc RLOD lead feet free wait 2 measures;;
1--; 3 {Dip Bk & Hold} in CP dip bk L, -, -;
1-3; 4 {Rec & Cl} Rec fwd R, -, cl L;
- 5-8 Bk & Chasse SCP; Thru Sync Vine SCP; Thru Fc Cl; Chg of Dir;**
- 12&3; 5 {Bk Chasse to Scp} In CP bk R, trn to fc Wall sd L/cl R, fwd L to SCP;
12&3; 6 {Thru Syncopated Vine} Thru R. sd L twd LOD/XRiB (W XLiB), sd & fwd L twd LOD to SCP;
7 {Thru Fc Cl} Thru R, fcg partner sd L to CP DLW, cl R;
12-; 8 {Chg of Dir} Fwd L commence LF turn no rise, sd R trng to face DLC no rise, draw L to R to end in CP DLC;

PART A

- 1-4 Trn L & R Chasse; Outsd Chg SCP; Thru Chasse BJO; Manvuer;**
- 12&3; 1 {Turn L & R Chasse BJO} CP DLC fwd L commence LF trn, cont LF trn sd R/cl L, sd R to BJO DRC;
2 {Outside Chg to Scp} In BJO RLOD Bk L, blend to CP bk R commence LF trn, cont LF trn sd & fwd L to SCP DLW;
12&3; 3 {Thru Chasse BJO} Thru R trng to fc, sd L/cl R, sd & fwd L to BJO DLW;
4 {Manuver} Fwd R outside partner, sd & fwd L trn RF, cl R to CP RLOD;
- 5-8 Spin Trn; Box Finish; 2 L Trns;;**
- 5 {Spin Trn} In CP RLOD bk L lowering into knee pvtg ½ RF, cont trng RF rec fwd R between W's feet to CP LOD & rise, rec bk L to CP DLW ;
(W fwd R between M's feet pvtg RF, rec bk L and rise with brush R to L, rec fwd R to CP DLW;)
6 {Box Finish} Bk R comm LF trn, sd L, cl R compl LF trn to CP DLC;
7-8 {2 L Trns} In CP DLC fwd L trn 3/8 LF, sd R, cl L to CP RLOD; bk R trn 3/8 LF, sd L, cl R to CP WALL;
- 9-12 Whisk; Wing; Trn L & R Chasse; Outsd Chg BJO;**
- 9 {Whisk} Fwd L, fwd & sd rise, blend to SCP XLiB (W XRiB);
10 {Wing} Fwd R, draw L to R while trng upper Body LF to DLC, leading Woman around to SCAR; (W Three steps fwd (L, R, L) in a small LF curve around man ending in SCAR RLOD;)
12&3; 11 {Trn L & R Chasse} In SCAR Fwd L commence LF trn to CP COH, sd R/cl L, sd & bk R to BJO DRC;

- 12 {Outside Change BJO} In BJO bk L, blend to CP bk R commence LF trn, cont LF trn sd & fwd L to BJO DLW;
- 13-15** **Fwd Fwd/Lk Fwd; Manuver; Impetus to SCP;**
- 12&3; 13 {Forward Forward Lock Forward} In BJO fwd R, fwd L/XRiB (W XLiF), fwd L;
- 14 {Manuver} Fwd R outside partner, sd & fwd L trn RF, cl R to CP RLOD;
- 15 {Open Impetus} Bk L comm RF trn, cl R heel trn keep trng RF (W trng RF sd & around man L), fwd L in SCP DLC (W brush R to L trng to SCP step fwd R);

INTERLUDE

1-4 In & Out Runs once & a half;; Hesit Chg;

- 1-2 {In and Out Runs} SCP thru R comm RF trn, sd & bk L to CP RLOD, bk R (W fwd L, R, L) to BJO RLOD;
- Bk L trn RF, sd & fwd R cont RF trn (W fwd L around M), fwd L (W fwd R) to SCP LOD;
- 3 {start In & Out Runs} Repeat measure 1 of Interlude:
- 12-; 4 {Hesitation Change} Bk L commence RF trn, sd R end RF trn in CP DLC,-;

PART B

1-4 Dbl Rev Spin; Drag Hesit; Bk Bk/Lk Bk; Outsd Spin (DRW);

- 12-; 1 {Double Reverse Spin} Fwd L rising, trng LF swing R fwd & arnd ptr, drawing L to R spin LF on R ending in CP/LOD;
- (W:12&3) (W Bk R toe to heel rising in body only, cl L to R heel trn LF rising on toes at end of trn, fwd & arnd ptr R/cont LF trn XLiF ending in CP;)
- 12-; 2 {Drag Hesitation} Fwd L twd LOD commence LF trn, cont LF trn sd & bk R twd LOD, draw L to R to BJO DRC;
- 12&3; 3 {Back Back Lock Back} In BJO bk L twd LOD, bk R/XLiF (W XRiB), bk R BJO;
- {Outside Spin} Trn body RF toe turned in bk L small stp under body, fwd R cont trn outsd and around ptr, sd & bk L to CP DRW;
- (W Trn body RF fwd R outsd and around ptr, cl L to R cont trn with toe spin blending to CP, fwd R in between Man's feet;)

5-8 Hover Corte; Bk Whisk; Thru Fc Cl; Sd Canter;

- 5 {Hover Corte} Bk R, sd & fwd L twd DLW rising (W brush L to R) trn LF, cont LF Trn rec sd & bk R to BJO LOD;
- 6 {Bk Whisk} Bk L, sd & bk R, XLiB to SCP; (W fwd R outside ptr, fwd & sd L trn RF to SCP, XRiB;)
- 7 {Thru Fc Cl} Thru R, fcg partner sd L to CP Wall, cl R;
- 1-3; 8 {Canter} Sd L, draw R to L, cl R;

PART A MOD 1

1-4 Whisk; Wing; Trn L & R Chasse; Outsd Chg BJO;

- 1-4 Repeat meaures 9-12 of Part A.

5-8 Fwd Fwd/Lk Fwd; Manuver; Spin Trn; Box Finish;

- 5 {Fwd Fwd/Lk Fwd} Repeat measure 13 of Part A.
- 6 {Manuver} Repeat measure 14 of Part A.
- 7 {Spin Turn} Repeat measure 5 of Part A.
- 8 {Box Finish} Repeat measure 6 of Part A.

PART C

1-4 2 L Trns;; Vine 3 SCP; Thru Hover BJO;

- 1-2 {2 L Trns} Repeat measures 7-8 of Part A.
- 3 {Vine 3 to SCP} Sd L, XRiB (W XLiB), sd & fwd L to SCP;

- 4 {Thru Hover to BJO} Thru R, fwd L rising trn body LF to lead Lady to close up, rec bk R in BJO;
(W Thru L, fwd & sd R trng LF to momentary CP brush L to R, rec fwd L in BJO;)
- 5-8** **Bk Bk/Lk Bk; Bk Sync Twisty Vine 4; Bk Whisk; Whiplash CP;**
- 12&3; 5 {Back Back Lock Back} In BJO bk L twd RLOD, bk R/XLiF (W XRiB), bk R BJO;
- 12&3; 6 {Back Syncopated Twisty Vine} In BJO bk L twd RLOD, trng hips RF to CP sd R / XLiF, trng hips LF to face partner sd & bk R to BJO;
(W Fwd R, trng hips RF sd L / XRiB, trng hips LF sd & fwd L to BJO;)
- 7 {Back Whisk} Repeat measure 6 of Part B.
- 1--; 8 {Whiplash} Thru R then quickly extend L forward and side to point LOD no weight and with knees very soft, slowly rise gradually turning partner to CP DLW, - ;
(W: Thru L then quickly swivel LF 1/4 extending R leg pointing side & back toward LOD but leaving head to R, then slowly turn head to L blending to CP, -;)
- 9-12** **Hover; Slow Sd Lk; Dbl Rev Spin; Telemark SCP;**
- 9 {Hover} Fwd L, fwd & sd R rising (W with a brush), sd & fwd L to SCP;
- 10 {Slow Side Lock} Thru R, sd & fwd L rising turning LF, XRiB to CP DLC;
(W Thru L, turning LF sd & bk R, XLiF to CP;)
- 12-; 11 {Double Reverse Spin} Fwd L rising, trng LF swing R fwd & arnd ptr, drawing L to R spin LF on R ending in CP/LOD;
(W Bk R toe to heel rising in body only, cl L to R heel trn LF rising on toes at end of trn, fwd & arnd ptr R/cont LF trn XLiF ending in CP;)
- (W:12&3) 12 {Open Telemark} CP LOD fwd L commence LF trn, arnd R complete 7/8 LF trn, fwd L to SCP DLW;
(W bk R commence LF trn, cl L to R complete 7/8 LF trn weight on heels then rise to toes, fwd R twd DLW in SCP;)
- 13-16,5** **Thru Sync Vine; Thru Chasse SCP; Chair & Slip; Chg of Dir; & Hold 2,,**
- 12&3; 13 {Thru Syncopated Vine} Repeat measure 6 of Introduction.
- 12&3; 14 {Thru Chasse SCP} SCP thru R trng to CP, sd L/cl R, sd L to SCP LOD;
- 15 {Chair Recover and Slip} SCP step thru R relaxing R knee L leg extended behind & straight, rec bk L, trng LF slip R ft past L ft to end CP DLC;
- 12-; 16 {Change of Direction} Repeat measure 8 of Introduction.
{Hold} for a short moment – approximately 2 beats - the music pauses so hold the motion and breathe befor taking off again with the music

PART A MOD 2

- 1-4** **Trn L & R Chasse; Outsd Chg SCP; Thru Chasse BJO; Manuvuer;**
- 1-4 Repeat measures 1-4 of Part A.
- 5-8** **Spin Trn; Box Finish; 2 L Trns;;**
- 5-8 Repeat measures 5-8 of Part A.
- 9-12** **Whisk; Wing; Trn L & R Chasse; Outsd Chg BJO;**
- 9-12 Repeat measures 9-12 of Part A.
- 13-16** **Fwd & Lady Develope; Bk Hover SCP; Slow Chair & Rec; Hold,,**
- 1--; 13 {Forward Lady Develope} In BJO fwd R outside partner checking, -, -;
(W Bk L, bring R foot up left leg to inside of left knee, extend R foot fwd and then down in an arc;)
- 14 {Back Hover to SCP} Bk L, sd & bk R w/ rise & RF bodyturn, rec sd & fwd L SCP;
(W Fwd R, sd & fwd L w/ rise & RF trn brush R, rec fwd R to SCP;)
- 1- 3; 15 {Slow Chair & Recover} In SCP as the music slows a little step thru R relaxing R knee L leg extended behind & straight, -, rec bk L in SCP;
- ,-, 16 {Hold} Music pauses and so do the dancers for approximately 2 beats. Listen to the music when to start the In & Out runs!

Endg

1-4

In & Out Runs once & a half;; Outsd Chg BJO;

- 1-3 {In & Out Runs once and a half} Repeat measures 1-3 of the Interlude.
 4 {Outside Change to BJO} Repeat measure 12 of Part A.

5-8

Fwd Chasse SCP; Thru Sync Vine; Thru Fc Cl; Hold 2 & slow Dip Bk;

12&3;

- 5 {Fwd Chasse to SCP} In BJO fwd R trng RF to CP, sd L/cl R, sd & fwd L to SCP LOD;
 (W Bk L trng RF to CP, sd R/cl L, sd & fwd R to SCP;)
 6 {Thru Syncopated Vine} Repeat measure 6 of Introduction.
 7 {Thru Face Close} Repeat measure 7 of Introduction.
 8 {Hold and Dip Bk} hold 2 beats, -, slowly dip bk L with the last beat of music.

	Figures used in Brevet från Lillan
I	Rec & Close (Recover = Movement section I, Close = Movement section I)
II	Dip Bk & Hold (Dip Back = Movement section II, Hold = General terms) Canter 2 Left Turns Manuver Thru Fc Cl (= Roundalab Thru Sd Cl) Vine 3 Thru Syncopated Vine mod of Vine 3 II: Number of steps, syncopation, starting step Bk Sync Twisty Vine mod of Twisty Vine 3 II: Number of steps, syncopation, starting step
III	Back Back/Lock Back Box Finish Slow Chair & Recover (Chair = Movement section III, Recover = Movement section I) Chasse Forward Chasse to SCP Thru Chasse to BJO Thru Chasse to SCP Turn L & R Chasse Back Chasse to SCP mod of Chasse III: Starting position and first step Forward Forward/Lock Forward Hover Back Hover SCP Impetus to SCP Spin Turn Thru Hover to BJO Whisk Wing
IV	Back Whisk Change of Direction Chair & Slip Fwd Lady Develope Drag Hesitation Hesitation Change Hover Corte In & Out Runs Outside Change to SCP Outside Change to BJO Slow Side Lock Telemark SCP Whiplash
V	Double Reverse Spin Outside Spin

Suggested Head Cues:

Brevet från Lillan (Letter from Lillan) Wz IV+2 (Dbl Rev Spin, Outsid Spin) Degr. of D.: Average

Artist: Carola, 2:48, Music: Brevet från Lillan; Album: Brevet från Lillan - Single; Choreo: Gabriele Langer
(2025-09-26) Sequence: Intro A Interl B Amod1 C Amod2 Endg

Intro (Wait 2 in CP fcg RLOD);; Dip Bk & Hold; Rec & Cl;
(Manuv) Bk & Chasse (Scp); Thru Sync Vine (Scp); Thru Fc Cl (DW); Chg of Dir (DC);

Part A Trn L & R Chasse; Outsd Chg (Scp); Thru Chasse (Bjo); Manuver;
(CP/DC) Spin Trn; Box Finish; 2 L Trns;;

Whisk; Wing; Trn L & R Chasse; Outsd Chg (Bjo);
Fwd Fwd/Lk Fwd; Manuver; Op Impetus;

Interl In & Out Runs **once & a half**;; Hesit Chg (DC);
(Scp/trail)

Part B Dbl Rev Spin; Drag Hesit; Bk Bk/Lk Bk; Outsd Spin (DRW);
(CP/DC) Hover Corte; Bk Whisk; Thru Fc Cl; Sd Canter;

Amod1 Whisk; Wing; Trn L & R Chasse; Outsd Chg (Bjo);
(CP/Wall) Fwd Fwd/Lk Fwd; Manuver; **Spin Trn; Box Finish;**

Part C 2 L Trns;; Vine 3 (Scp); Thru Hover (Lady Trn to Bjo);
(CP/DC) Bk Bk/Lk Bk; Bk Sync Twisty Vine 4; Bk Whisk; Whiplash (CP DW);

Hover; Slow Sd Lk (DC); Dbl Rev Spin; Op Telemark;
Thru Sync Vine; Thru Chasse (Scp); Chair Rec Slip; Chg of Dir; **Hold,,**

Amod2 Trn L & R Chasse; Outsd Chg (Scp); Thru Chasse (Bjo); Manuver;
(CP/DC) Spin Trn; Box Finish; 2 L Trns;;

Whisk; Wing; Trn L & R Chasse; Outsd Chg (Bjo);
Fwd & Lady Develope; Bk Hover (Scp); **Slow Chair & Rec; Hold,,**

Endg In & Out Runs **once & a half**;; Outsd Chg (Bjo);
(Scp/trail) **Fwd** Chasse (Scp); Thru Sync Vine (Scp); Thru Fc Cl (DW);
Hold 2 & slow Dip Bk;