

Ebbe und Flut Rb IV+1+1 (Full Natural Top, Chase Peek & Circle Double)

Artist: Jonny Hill, Album: Seemannlieder - Von Häfen und der hohen See, download: iTunes, Länge: 2:53;

Choreo: Gabriele Langer (21.2.2011)

Sequence: Intro AB Interl A Bmod Endg

Intro (Auftakt + Wait 1); (CP) Slow Dip Bk; Slow Rec Tch & Hold;
(CP) Op Brk; Aida; Switch Cross; Curcaracha L;

Part A Alemana;; Lariat;; Op Brk - to **Full Natural Top**;;;
Op Brk; Crab Wk 3; Cucaracha Cross*** - Twice (Op);; Circle awy - & tog;; Cucaracha Twice;;

Part B **Chase Peek & Circle Dbl** (M Trn; Lady circle;; both trn; Man circle;; Lady Trn; Whip;) ;;;; ;;; w/ a Whip Endg* (now);
Interl Shldr to Shldr - Twice;; Rev Underarm Trn; Fenceline in 4; Whip;

Part A Alameda;; Lariat;; Op Brk - to Full Natural Top;;;
Op Brk; Crab Wk 3; Cucaracha Cross*** - Twice (Op);; Circle awy - & tog;; Cucaracha Twice;;

Bmod **Chase Peek & Circle Dbl** (M Trn; Lady circle;; both trn; Man circle;; Lady Trn; Bk Basic;) ;;;; ;;;;
Shldr to Shldr - Twice (lead hds low);; Op Hip Twist; Fan; Hockeystick;; Half Basic; Crab Wk; Sd Wks;;

Endg Basic;; Op Brk; Aida ;
Switch Cross; **Sd Wk 3**; **Aida to RLOD ckg**; Rk 3; Wk away 3 & wave at Partner**;

* Alternative Option: (noch besser) Crossbody Endg

**Alternatives Ende: Step Apt Pt & Look at partner

***alter Cueterm: Door --> geändert zu Cucaracha Cross (Änderungen Roundalab 2012)

Bitte denk dran: Round Dance lebt von der Vielfalt der Musik und Tänze. Du nutzt das Cuesheet und die Arbeit anderer Choreographen, **bitte mache im Austausch auch Deine Arbeit/Choreographien anderen Cuern verfügbar, Danke.**

Please remember: Round Dance lives off of the diversity of music and dances. You make use of the cuesheet and work of other choreographers, **please make your work accessible & available to other cuers also in return. Thank you.**