

A13 *08

Me Lo Diso Adela (Intro - Plan B) Cha III, Level: A13 (8 Figuren + Endg)

Instrumental-Version. Artist: Prandi Sound Records, Album: Extreme Ballroom Latin 3: Sicilia Open Vol. 3, Länge: 2:26

Wait or leave out Lead in till the break (first 7 seconds) - Play at 96% (Schnupperabend 1.3.2016)

Choreo: Gabriele Langer (2016-03-01)

Sequence: ABC ABC Amod Endg

Intro (Wait 5);;;; ; or on "go" after Lead in

(Bfly)

Part A Basic;; NYer; Spot Trn; Hd to Hd - Twice;; Shldr to Shldr - Twice;;**Part B** Fenceline - Twice;; Half Basic - Underarm Trn (Bfly); Basic;; Fenceline; NYer;

(Bfly)

Part C Basic;; Spot Trn - Twice;; Half Basic - Underarm Trn (Bfly);; Shldr to Shldr - Twice;;

(Bfly)

Repeat ABC (Basic...)**Amod** Basic;; NYer; Spot Trn; Hd to Hd; Fenceline - Twice;; Spot Trn;**Endg** Basic;; Shldr to Shldr - Twice;; NYer - Twice;; Half Basic - Underarm Trn (Bfly);;
Basic;; Hd to Hd (Op); Fwd Step Apt & Pt;

ECTA STEP Level A (2019)

Cha Cha

1	x	basic
2	x	fence line
3	x	new yorker
4		walk 2 & forward cha
5		circle cha
6		time step
7	x	shoulder to shoulder
8		sliding door
9	x	hand to hand
10	x	spot turn
11		cucaracha
12	x	half basic
13	x	underarm turn
14		lariat
15		... in 4
16		open break
17		whip
18		chase
19		traveling door
20		reverse underarm turn
21		crab walks
22		back break [to Open]
23		chase peek-a-boo
CO		side draw close