

Rose of My Heart

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Music: Susan McCann: "Rose Of My Heart" (Album "The Susan McCann Collection – Ireland's First Lady Of Country Music", CD 1, Track 13; oder: "Diamonds and Dreams" Track 13; 3:54 min)
Rhythm & Phase: Slow Waltz Phase IV
Footwork: opposite unless noted (Woman's footwork in parentheses)
Sequence: Intro - A - B(1-18, 23-24) - A - B - A - B(1-18, 23-24) - End October 2015

Intro

- 1–4 **Wait 2 Meas ; ; M Turns to Fc WALL ; M Canter Join Trail Hnds ;**
{**Wait 2 Meas**} in bk-to-bk pos M fcg COH no hnds jnd & arms down at the sides wait, -, - ; wait, -, - ;
{**M Turns to Fc WALL**} stp sd & fwd R start trng RF, fwd & sd L trng to fc WALL, cl R to L
(*W slowly trns head L to look at ptr & wait, -, -*);
{**M Canter Join Trail Hnds**} stp sd L, draw R to L, cl R to L jn trlhnds (*W wait, -, jn trlhnds*);
- 5–8 **W Trns to Fc COH ; W Canter ; Both Step Apt & Pt, - ; Step Tog & Tch, - ;**
{**W Turns to Fc COH**} M wait, -, -
(*W stp sd & fwd L start trng LF, fwd & sd R trng to fc COH, cl L to R*);
{**W Canter**} M wait, -, - (*W sd R to OP fcg ptr, draw L to R, cl L to R*);
{**Both Step Apt & Pt**} trlhnds still jnd and lookg at ptr stp bk L, pt fwd R, -
(*W bk R, pt fwd L, -*);
{**Step Tog & Tch**} rec R, tch L to R to BFLY WALL, - ;

Part A

- 1-4 **Waltz Away ; Thru Twinkle Twice ; ; Thru, Fc, Cl ;**
{**Waltz Away**} release ldhnds stp sd & fwd L to OP LOD, fwd R, cl L to R;
{**Thru Twinkle Twice**} stp fwd LOD R, fwd L jn ldhnds release trlhnds and trn to fc ptr,
cl R to L trng to LOP RLOD; stp fwd L to RLOD, fwd R release ldhnds jn trlhnds
and trn to fc ptr, cl L to R trng to OP LOD;
{**Thru, Fc, Cl**} stp thru & fwd R to LOD, fwd & sd L trng to fc WALL and ptr, cl R to L to BFLY;
- 5–8 **Waltz Away ; Both Wrap to Fc Rev ; Bwd Waltz ;
Lady Rolls Across to LOP RLOD ;**
{**Waltz Away**} release ldhnds stp sd & fwd L to OP LOD, fwd R, cl L to R;
{**Both Wrap to Fc Rev**} stp fwd R trng RF and crossg LOD in frnt of W leadg W to wrap LF,
fwd L trng to RLOD, cl R to L and jn ldhnds endg in WRP fcg RLOD
(*W sm stp fwd L trng LF, little sd & fwd R trng to RLOD, cl L to R endg in WRP RLOD*);
{**Bwd Waltz**} in WRP stp bk L, bk R, cl L to R (*W bk R, bk L, cl R to L*);
{**Lady Rolls Across to LOP RLOD**} release trlhnds and stp bk R leadg W
to circle LF, sm bk L, cl R to L endg in LOP RLOD
(*W fwd & sd L startg LF trn and crossg in frnt of M, fwd R cont LF trn, cl L to R*);
- 9–12 **Thru Twinkle ; Front Vine 3 ; Solo Roll 6 ; (to OP LOD) ;**
{**Thru Twinkle**} in LOP RLOD stp fwd L, fwd R jn trlhnds and trn to fc ptr, cl L to R to BFLY WALL;
{**Front Vine 3**} in BFLY XRif of L, sd L, XRib of L (*W XLif of R, sd R, XLib of R*);
{**Solo Roll 6**} release hnds and stp sd & fwd L trng LF to fc LOD, fwd & sd R cont trng LF,
cl L to R cont trng LF to fc RLOD;
bk R trng LF to fc WALL, sd & fwd L cont trng LF, cl R to L trng LF to OP LOD;
- 13–16 **Fwd Waltz ; Manuv ; 1 R Trn (DLC) ; Step Fwd & Tch ;**
{**Fwd Waltz**} in OP stp fwd L, fwd & sm sd R, cl L to R (*W fwd R, fwd & sm sd L, cl R to L*);
{**Manuv**} stp fwd R trng RF, sd L cont RF trn to CP RLOD, cl R to L
(*W sm fwd L, fwd R, cl L to R*);
{**1 R Trn**} in CP fcg RLOD stp bk L start trng RF, sd & fwd R cont RF trn to CP DLC, cl L to R;
{**Step Fwd & Tch**} stp fwd R to DLC, tch L to R, - ;

Part B

1-4 Diamond Turn ; ; ; ;

{Diamond Turn} in CP DLC stp fwd L, fwd & sd R trng $\frac{1}{8}$ LF to contra BJO, bk L trng $\frac{1}{8}$ LF to contra BJO DRC; staying in contra BJO stp bk R, bk & sd L trng $\frac{1}{8}$ LF, fwd R trng $\frac{1}{8}$ LF to fc DRW; staying in contra BJO stp fwd L, fwd & sd R trng $\frac{1}{8}$ LF, bk L trng $\frac{1}{8}$ LF to fc DLW; staying in contra BJO stp bk R, bk & sd L trng $\frac{1}{8}$, fwd R trng $\frac{1}{8}$ LF to CP DLC;

5-8 Telemark to SCP ; I/O Runs ; ; PU ;

{Telemark to SCP} stp fwd L, fwd R crossg LOD in frnt of W and trng $\frac{3}{4}$ LF to DLW, fwd L to SCP (*W stp bk R, draw L to R trng on R heel to DLW and changing wgt to L, fwd R to SCP*);

{I/O Runs} stp thru & fwd R, fwd & sd L trng RF to CP RLOD, bk R to BJO (*W stp fwd L, fwd R, fwd L*); stp bk L, trng RF sd & fwd R between W's feet, fwd L to SCP DLC

(*W stp fwd R start trng RF, fwd & sd L crossg LOD in frnt of M and trng RF, fwd R trng RF to SCP DLC*);

{PU} stp fwd R to DLC, fwd L, cl R to L to CP DLC

(*W stp fwd L start trng LF, fwd & sd R cont trng LF to fc ptr, cl L to R endg in CP DLC*);

9-12 Diamond Turn ; ; ; ;

{Diamond Turn} in CP DLC stp fwd L, fwd & sd R trng $\frac{1}{8}$ LF to contra BJO, bk L trng $\frac{1}{8}$ LF to contra BJO DRC; staying in contra BJO stp bk R, bk & sd L trng $\frac{1}{8}$ LF, fwd R trng $\frac{1}{8}$ LF to fc DRW; staying in contra BJO stp fwd L, fwd & sd R trng $\frac{1}{8}$ LF, bk L trng $\frac{1}{8}$ LF to fc DLW; staying in contra BJO stp bk R, bk & sd L trng $\frac{1}{8}$, fwd R trng $\frac{1}{8}$ LF to CP DLC;

13-16 Hover Fwd & Bk to a Wrap ; ; Fwd Waltz ; PU ;

{Hover Fwd} in CP DLC stp fwd L, fwd & sd R and rise (*W with a brush*), rec L;

{& Bk to a Wrap} stp bk R leadg W to wrp LF undr jnd ldarms, sm bk L and rise, rec fwd R to WRP DLC

(*W fwd L trng $\frac{1}{2}$ LF undr raised arms L hnd slidg down M's R arm, sm bk R no brush, rec fwd L*);

{Fwd Waltz} in WRP stp fwd L, fwd R, cl L to R (*W fwd R, fwd L, cl R to L*);

{PU} release trlhnds and stp fwd R, fwd L, cl R to L to CP DLC

(*W stp fwd L start trng LF, fwd & sd R cont trng LF to fc ptr, cl L to R endg in CP DLC*);

17-18 2 L Turns ; ;

{2 L Turns} in CP DLC stp fwd L start trng LF, fwd & sd R trng LF, cl L to R;

stp bk & sd R contg LF trn, bk & sd L trng LF to fc WALL, cl R to L;

19-22 Hover to SCP ; Thru Chasse to SCP ; Thru Chasse to SCP ; Thru, Sd, Cl ;

{Hover to SCP} in CP WALL stp fwd L, sd R & rise (*W with a brush*), sd & fwd L to SCP LOD;

{Chasse SCP} stp thru R trng to fc ptr, sd L/cl R, sd & fwd L to SCP;

{Chasse SCP} stp thru R trng to fc ptr, sd L/cl R, sd & fwd L to SCP;

{Thru, Sd, Cl} stp thru R trng to fc ptr, sd L, cl R to L to CP WALL;

23-24 Twirl/Vine 3 ; Step Thru to Fc & Tch to BFLY ;

{Twirl/Vine 3} release trlhnds raise ldhnds and stp sd L leadg W to twirl RF, XRiB of L, sd L

(*W under raised ldhnds stp sd & fwd R start trng RF, fwd L cont trng RF to fc ptr, sd R*);

{Step Thru to Fc & Tch} stp thru R to BFLY WALL, tch L to R, - ;

End

1 - 3 Waltz Away ; Lady Wraps ; Pt Fwd Look at Ptr & Hold

{Waltz Away} release ldhnds and stp sd & fwd L to OP LOD, fwd R, cl L to R;

{Lady Wraps} stp sm fwd R and move trlhnds bk to ld W to wrp LF, fwd L, cl R to L and jn ldhds in frnt of W to end in WRP LOD

(*W fwd L starting full LF trn with ldhnd above trlarm, fwd R cont LF trn, cl L to R*);

{Pt Fwd Look at Ptr & Hold} both pt fwd with ldft lookg at ptr, hold, -

Quick Cues:

Sequence: Intro - A - B(1-18, 23-24) - A - B - A - B(1-18, 23-24) - End

Intro Wait 2 Meas ; ; M to Fc WALL ; M Canter Join Trail Hnds ;
W to Fc COH ; W Canter ; Both Apt, Pt, - ; Tog, Tch, - (to BFLY) ;

A Waltz Away ; Thru Twinkle Twice ; ; Thru, Fc, Cl (BFLY) ;
Waltz Away ; Both Wrap to Fc Rev ; Bwd Waltz ; Lady Rolls to LOP RLOD ;
Thru Twinkle ; Front Vine 3 ; Solo Roll 6 to OP LOD ; ;
Fwd Waltz ; Manuv ; 1 R Trn (DLC) ; Stp Fwd & Tch ;

Part B Diam Trn ; ; ; ;
Tele to SCP ; I/O Runs ; ; PU ;
Diam Trn ; ; ; ;
Hover Fwd & Bk to a Wrap ; ; Fwd Waltz ; PU ;
2 L Trns (to CP WALL) ; ;
19 - 22 Hover to SCP ; Thru Chasse to SCP ; Twice ; Thru, Sd, Cl ;
Twirl/Vine 3 ; Fc & Tch to BFLY ;

End Waltz Away ; Lady Wraps ; Pt Fwd Look at Ptr & Hold