

Liste der Figuren – für den Anfängerkurs: ECTA Level A

Cha Cha Cha

1. Basic
2. Fence Line
3. New Yorker
4. Walk & a Fwd Cha
5. Circle Cha
6. Time Step
7. Shoulder to Shoulder
8. Sliding Door
9. Hand to Hand
10. Spot Turn
11. Cucaracha
12. Half Basic
13. Underarm Turn
14. Lariat
15. ... in 4
16. Open Break
17. Whip
18. Chase
19. Traveling Door
20. Reverse Underarm Turn
21. Crab Walk(s)
22. Back Break to Open
23. Chase Peek-a-Boo

Rumba

1. Basic
2. Fence Line
3. New Yorker
4. Progressive Walk (3, 6)
5. Circle in 6
6. Time Step
7. Shoulder to Shoulder
8. Sliding Door
9. Hand to Hand
10. Spot Turn
11. Cucaracha
12. Half Basic
13. Underarm Turn
14. Lariat
15. ... in 4
16. Open Break
17. Whip
18. Chase
19. Door
20. Reverse Underarm Turn
21. Crab Walk(s)
22. Back Break to Open
23. Chase Peek-a-Boo

Walzer

1. Box
2. Canter
3. Balance Left & Right
4. Waltz Away and Together
5. Vine 3
6. Thru Face Close
7. Left Turning Box
8. Solo Turn in 6
9. Twirl Vine 3
10. Pickup Side Close
11. Progressive Box
12. (2) Left Turn(s)
13. Dip Back
14. Maneuver
15. Back Waltz
16. Forward Waltz
17. (2) Right Turn(s)
18. Twinkle Thru
19. Roll 3
20. Lady Wrap
21. Lady Roll Across
22. Spin Maneuver
23. Step Swing
24. Both Cross Wrap
25. Progressive Twinkle
26. Forward Face Close

Twostep

1. Walk (2, 4)
2. Forward Two Step(s)
3. Walk & Face
4. Side Two Step(s)
5. Box
6. Reverse Box
7. Circle Away in 2 Two Steps
8. Walk Together in 4
9. Lace Up
10. Side Two Step Apart & Together
11. Twirl 2
12. Double Hitch
13. Side Draw Close
14. Back away (2) Twostep(s), together (2) twostep(s)
15. Face to Face & Back to Back
16. Basketball Turn
17. Vine (4, 8)
18. Circle Away and Together
19. Turning Two Steps
20. Scissors Thru
21. Half Box Fwd - Half Box Back
22. Traveling Box
23. Open Vine 4
24. Twirl Vine 2
25. Side Closes
26. Side & Thru
27. Left Turning Box

Terms

- Open Position
- Butterfly Position
- Facing Position
- Semi Closed Position
- Closed Position
- Left Open Position
- to [...] Position
- Pickup Position
- Maneuver Position
- Banjo Position
- Sidecar Position
- Wall
- Center of Hall
- Line of Dance
- Reverse Line of Dance
- Apart Point
- Together Touch to [...]
- Twice
- Lead Foot
- Lead Hand
- Trail Foot
- No Hands
- Open Facing
- Left Open Facing
- Kick
- Clap
- Wrap
- woman / lady
- man
- left / right